Test Your Scrub Club® Handwashing Knowledge

1. What should you do if you think you are going to sneeze or cough?
   A. Laugh out loud
   B. Draw a picture of your nose
   C. Sneeze/cough into your elbow

2. When you have a fever and cough, you should:
   A. Dance around and sing
   B. Not go to school; you don’t want to spread germs to your friends
   C. Try reading upside down

3. What is the most important thing you can do to keep from getting sick?
   A. Wash your hands, 20 seconds of scrubbing
   B. Rinse your bowl and cup in the sink
   C. Use a lot of tissues for your runny nose

4. How do germs spread around your classroom?
   A. Sneezing, coughing and not washing your hands
   B. Running around outside for recess
   C. Eating too many sweets at snack time

5. What parts of my hands should I pay special attention to when I scrub them?
   A. Tops of my fingers
   B. Under my fingernails
   C. Around my knuckles
   D. All of the above

6. When are you done washing your hands?
   A. After you scrub with soap
   B. After you rinse your hands with water
   C. After you dry your hands with a towel or dryer

7. How long should you scrub your hands?
   A. 10 seconds
   B. 5 seconds
   C. 20 seconds

8. Where could germs hide in your classroom?
   A. On your desk
   B. On the floor
   C. On the doorknob
   D. All of the above

9. Why is it important to wash your hands?
   A. To play in the water at the sink
   B. To avoid getting in trouble
   C. To stop the spread of germs

10. When should you wash your hands?
    A. After you brush your teeth
    B. Before you eat your snack
    C. Every day at noon